COMMUNITY CONVERSATIONS SISTER TO SISTER: A WOMAN’S HEALTH INITIATIVE

Explore Ways to Improve our Health & Well Being
Discussions with other Black Women
Presentations by Health Care Practitioners who are Women of Color

JOIN OUR NEXT SESSION:

2019-20 CALENDAR

9/8/19
Primary Care and Beyond: Who You Gonna Call? (Your PCP and Her Specialty Team)

1/12/20
Our Minds as We Age: Promoting and Preserving Brain Health

4/19/20
(3rd Sunday)
Beyond Decluttering: When Collecting Becomes A Problem

10/13/19
You Good? Family Conversations on Mental Health

2/9/20
Don’t Believe Everything You Read: Decoding Medical Data and Research

5/17/20
(3rd Sunday)
Sitting is the New Smoking: Let’s Get Moving!

11/10/19
Adulthood Vaccines: Not Just for Kids

3/8/20
(Daylight Savings)
Racism, It’s Bad for Your Health: Counteracting it’s Impact

6/14/20
Benefits of Laughter

EVER WANTED TO TALK WITH A HEALTH CARE EXPERT WHO:
• LOOKS LIKE YOU
• KNOWS YOUR ISSUES
• CAN OFFER SOLUTIONS TAILORED TO YOUR COMMUNITY

Come join us in conversation in a safe and relaxed setting where you can comfortably ask questions that really matter to you.

CONVERSATIONS TAKE PLACE AT
SIMPLY ERINN’S UNISEX HAIR SALON
268 BROOKLINE STREET, CAMBRIDGE, MA
2:00PM - 4:00PM

If you have any questions please feel free to contact us
(857) 256-0671 | CCSISTER2SISTER@gmail.com
CCSISTER2SISTER.ORG

NEW TOPICS EVERY YEAR. REFRESHMENTS WILL BE PROVIDED.